

- **Consummation Fast (cont.)**

Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control."

### **Corporate Fasting and Prayer at LFCM**

At Living Faith Christian Ministries, we will enter into a 21-day Partial Fast beginning on the 2nd Sunday of the year and ending on the 5th Sunday after the morning Worship Service.

We will be doing a 21 day **Daniel Fast** which consist of a diet of whole grains, vegetables, fruits, water and 100% fruit and vegetable juices. The last day (Sunday) will be a **total fast**. If you have any pre-existing medical conditions, please consult your physician before entering corporate fast along with abstaining from anything or form of activity that will restrict your worship.

Additionally, this is the perfect time to fast from television, worldly entertainment, excessive cell phone usage, video games, desirable activities, electronic devices and the list goes on and on.

I want you to remember that our LFCM Corporate Fast is strictly voluntary for all members and non-members; however, we are respectfully requesting maximum participation.

During the 21-day fast we will concentrate daily on specific areas of prayer, scripture reading and meditation. This effort can be done in any area, home, work, school, church, etc. (a place to be alone with God.)

Date 8,15,22,29 - **Nation:** America, the Government, President, Vice-President, Congress, Military, National Leaders, etc.

Date 9,16,23 – **Family:** Mother, Father, Wife, Husband, Children, Brothers, Sister, Marriages, Singles

Date 10,17,24 – **Church:** LFCM, Pastors, ministers, leaders, members, harvest, church ministries, etc,

Date 11,18,25 —**Finances:** Debt Free, Promotions, increase, investment, business opportunities , savings, increase in tithing, money for the future , scholarships

Date 12,19,26 – **Health:** healing, deliverance from any mental, spiritual or psychological attacks, proper diet and exercise, improved overall physical condition, long happy life. Overall Fitness

Date 13,20,27 - **Local Community:** Schools, Churches, Community Leaders, Mayor, City Council, Hospitals, specific needs of the community (crime), etc

Date 14,21,28 - **Economy:** Jobs, labor, companies, corporations, organizations, governments that invest in our economy. Increase opportunities.

*Living Faith Christian Ministries  
2017 Corporate Fast*



**2017**  
**The Year Of**  
**“Transformation”**  
**January 8-29**

*Pastors Rene & Carolyn Brown*

Praise the Lord to all the members, families and friends of Living Faith Christian Ministries. Something New and Exciting is coming your way! Greetings! Pastor Carolyn I greet you in the name of Jesus Christ! We thank you for your support to LFCM during 2016, however, 2017 is and will be the year for **“The Year Of Transformation”**

Change is not change until you change is a saying that most of us hear quite frequently but who among us are actually working on being changed from the inside out; letting go of those things that are damaging to the heart and soul of Christ. The Lord desires to establish a newer and fresher relationship with each of us; but in order to get closer to Him you have to move the old things out of the way: old habits, old beliefs, old religions, old mindsets, etc.

**Signature Scripture for 2017 “I beseeched you brethren by the mercies of God that you present your bodies as a living sacrifice, holy unto God which is your reasonable service. And be not conformed to this world, but be ye transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God Romans 12:1-2**

God has declared 2017 to be A Year of Transformation for the believers and he wants you to activate your faith and start experiencing Him in an NEW and EXCITING WAY!!! The wait is over, it's God's time to Transform, restore, renew and regenerate the believers of our church, community and generation. Many believers worshipping at LFCM will experience a greater desire to be transformed Mentally, Physically and Spiritually and most importantly, God wants us to become more aware of His presence in our lives. And recognize and embrace it.

Therefore, in order to increase our faith and **“To be Transformed”** in 2017, we at LFCM will enter our annual 21-day Corporate Fast and Prayer and believe God for the “Great Change”! Get Ready, get ready get READY!!!

### **What are Corporate Fasting and Prayer:**

Corporate Prayer and fasting is defined as a group of believers coming together in agreement and voluntarily going without food in order to focus on prayer and fellowship with God together. Prayer and fasting often go hand in hand, but this is not always the case.

You can pray without fasting, and fast without prayer. However, I believe when prayer and fasting are combined and dedicated to God's glory that they reach their full effectiveness. Having a dedicated time of prayer and fasting is not a way of manipulating God into doing what you desire.

Rather, it is simply forcing yourself to focus and rely on God for the strength, provision, and wisdom you need.

Remember saints, Fasting is a form of worship: "Then was a widow until she was eighty-four. She never left the temple but worshiped night and day, fasting and praying" (Luke 2:37).

### **The Bible describes four major types of fasting:**

**A Full Fast** - Traditionally, a Full Fast means refraining from eating all food. Most people still drink water or juice during a full fast. When Jesus fasted in the desert, the Bible says, "After fasting forty days

and forty nights, he was hungry. This verse does not mention Jesus being thirsty.

- **A Partial Fast** - This type of fast generally refers to omitting a specific meal from your diet or refraining from certain types of foods. Daniel 10:2-3 says, "At that time I, Daniel, mourned for three weeks. I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over." In Daniel 1:12, they restricted their diet to vegetables and water: "Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink."

- **A Total Fast** - These fasts are complete - no food and no drink. Acts 9:9 describes when Paul went on a full fast for three days following his encounter with Jesus on the road to Damascus: "For three days he was blind, and did not eat or drink anything." Esther also called for this type of fast in Esther 4:15-16: "Then Esther sent this reply to Mordecai: 'Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my maids will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish.'" It is recommended that this type of fast be done with extreme caution and not for extended periods of time.

- **A Consummation Fast** - 1 Corinthians 7:3-6 says, "The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife."